PALS Pantry Donation Wish list

Perishables

- **Turkey:** Breast preference.
- **Milk:** Whole Milk, Vitamin D
- **Meat:** ground turkey and ground beef.
- **Eggs**
- **Sandwich meat:** Ham, Turkey
- **Sliced cheese:** for sandwiches
- **Vegetables:** Tomatoes, egg plants, onions, bagged salad

Grains, pasta, and beans

- **Rice:** White, brown and basmati rice.
- **Pasta:** spaghetti, penne, and macaroni.
- **Noodles:** Manchurian Ramen, chicken and beef flavors.
- **Oatmeal:** Instant oatmeal, plain and variety of flavored packets.
- **Macaroni & cheese**

Canned and jarred goods

- **Tomatoes:** Diced, crushed, and paste.
- **Broth or stock:** Chicken, beef, and vegetables.
- **Tuna and chicken:** Canned.
- **Sausages:** Vienna
- **Kits:** Tacos
- **Nut butter:** Peanut butter, almond butter, Nutella.
- **Soups:** Canned varieties.
- **Vegetables:** Canned corn and green beans.
- **Salsa:** A variety of dips and sauce.

Baking essentials

- **Flour:** All-purpose flour.
- **Sugar:** Granulated white and brown.
- **Leavening agents:** Baking soda and baking powder.
- **Honey and maple syrup**
- **Vanilla extract**

Spices and seasonings

- **Basic seasonings:** Salt and black pepper.
- **Powders:** Garlic and onion powder.
- **Herbs:** Dried oregano, basil, and thyme.
- **Spices:** meat tenderizers, cumin, chicken seasoning, seasoned salt and cinnamon.
- **Soy sauce:** regular and reduced salt
- **Meat marinades:** Original and reduced salt

Oils and vinegars

- **Cooking oil:** Canola and vegetable oil.
- **Olive oil:** Extra-virgin
- **Vinegar:** White vinegar and balsamic vinegar.

Condiments

- **Ketchup and mustard**
- **Mayonnaise**
- **Dressing:** Ranch

Drinks

- Cranberry juice
- Apple juice
- Lemonade: powdered drink variety of flavors
- Kool Aid

Snacks

- Fruit cups
- Chips - variety packs including hot chips
- Popcorn
- Rice crispies
- Pistachio snack packs
- Mixed Nuts snack packs
- Cereal bars, energy bars and granola bars: variety flavors

Hygiene

- **Pads:** with wings - regular and overnight, tampons - regular and super, panty liners
- Shampoo and conditioner
- Shaving razors - male and female
- Bar soap (Dove soaps) - variety, men's dove soap and sensitive scent free
- Body lotion
- Deodorant – male and female
- Hairbrushes and combs
- Toothpaste
- Facial Tissue
- Toilet paper
- Paper towels

Cleaning supplies

- **Multipurpose cleaner:** Fabuloso, Mr. Clean, Pinesol
- **Disinfectant:** Wipes and aerosol
- Bleach
- Broom, dustpans, mops, and buckets
- Toilet bowl cleaners
- Toilet bowl brush
- Plunger
- Dish Detergents
- Laundry Detergents
- Fabric softeners
- Aluminum foil

House items:

Umbrellas
Pots and pans sets
Can openers
Measuring cups
Knife sets
Coffee makers
Blenders
Dinner sets
Glass Drinkware sets
Silverware sets
Cutting boards
Cookie Sheets
Set of cooking spatulas and spoons
Toaster ovens
Toasters
Dish Towel & Oven Mitt sets