

# SOUTHERN CHRISTIAN SERVICES

FOR CHILDREN AND YOUTH INC

## **31<sup>st</sup> Annual Looking to the Future Conference**

**Impacting the Journey and Supporting Resiliency**



*June 13, 2019  
Clyde Muse Center, Pearl, Mississippi*

## Event Schedule – June 13, 2019

7:45 a.m.-8:15 a.m.	Check In/Registration
8:15 a.m.-8:30 a.m.	Conference Begins - Welcome
8:30 a.m.-10:00 a.m.	Opening Plenary – <i>Owning Your Place on the Team</i>
10:00 a.m.-10:30 a.m.	Morning Break
10:30 a.m.-12:00 p.m.	Session A1 – <i>LGBT Health (Cultural Competency)</i> Session A2 – <i>When Does Grief Become Depression?</i>
12:00 p.m.-1:15 p.m.	Lunch Break – On Your Own or Request Optional Box Lunch
1:15 p.m.-2:45 p.m.	Session B1 – <i>The Ethics of Trauma Informed Care</i> Session B2 – <i>MS Students Against Violence APP/Mental Health Update</i>
2:45 p.m.-3:15 p.m.	Afternoon Break
3:15 p.m.-4:45 p.m.	Closing Plenary – <i>Resiliency and Child Traumatic Stress</i>
4:45 p.m.-5:00 p.m.	Closing remarks/CE Info/Door Prizes announced

### Opening Plenary Session 8:30 a.m.

#### **Owning Your Place on the Team**

The mission is to help those affected by child abuse and neglect overcome the trauma they have experienced. For them to achieve holistic healing, victims need to be protected, they need justice for what happened to them. They need physical, emotional and spiritual healing. For this mission to be accomplished, it will take the collaboration of experts from a variety of fields working together. We all have to step up to the plate and take ownership of our roles and our teams. Otherwise.... the mission will fail. Hollie Jeffery, LMSW, Children's Advocacy Centers of Mississippi

### Morning Session 10:30 a.m. CHOOSE A1 or A2

#### **A-1 LGBT Health**

A review of terminology and best practices in LGBT Health.

Scott M. Rodgers, M.D., Professor & Chair, Department of Psychiatry and Human Behavior, UMMC

#### **A-2 When Does Grief Become Depression?**

There are many types of depression and going through the process of the loss of a loved one, grief may resemble symptoms of depression. There are similarities between grief and depression that may make it difficult to determine what the individual is experiencing. This presentation will help make the distinction between depression and grief, getting a diagnosis and seeking the appropriate treatment. Sherry Bouldin, LPC, NCC, Mindful Solutions, LLC

### Afternoon Session 1:15 p.m. CHOOSE B1 or B2

#### **B-1 The Ethics of Trauma Informed Care**

There are basics that are found in all behavioral health profession ethical codes (i.e. counseling, social work, marriage and family and addictions). This section will explore some of the common "basics" in these codes that relate to the responsibility of a professional to provide trauma-informed care. Some areas to address will be Avoiding Harm, Professional Responsibility, and Confidentiality. Charlotte Burrell, LPC, Deputy Director-Office Against Interpersonal Violence

#### **B-2 MS Students Against Violence APP/Mental Health Update**

The presentation will address the issues affecting youth in Mississippi and discuss mental health statistics and the effects of cyberbullying. It will also give information on the Mississippi Students Against Violence App and other available resources for teens in Mississippi.

Ta'Shia Gordon, Special Assistant Attorney General, Children's Division, Mississippi Office of the Attorney General

### Closing Plenary Session 3:15 p.m.

#### **Resiliency and Child Traumatic Stress**

This presentation will explore resilience in children in various systems and cultures. The presentation will define psychological resilience and center on situations and different cultural groups' resilience factors. In addition, the presentation will inquire about the resilience of staff that provides services to children. The presentation will also define stress in children, what the symptoms look like, what can cause traumatic stress in children and what tools can assist children in being able to do self-care, what that is, what it looks like and how this helps build resiliency with inclusions of how culture can impact traumatic stress and resiliency in children. Albertstein Johnson-Pickett, LPC, NCC, CMHT, MS Department of Mental Health and Noreen Davidson, LPC, Southern Christian Services for Children and Youth, Inc.

# 31<sup>st</sup> Annual Looking to the Future Conference – June 13, 2019 – Clyde Muse Center, Pearl, MS

## REGISTRATION FORM

*PLEASE PRINT CLEARLY*

NAME: \_\_\_\_\_

AGENCY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: Cell: \_\_\_\_\_ Work: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

Please choose a session for A & B

- 10:30 a.m.-12:00 p.m.       **Session A1** – *LGBT Health (Cultural Competency)*  
     **Session A2** – *When Does Grief Become Depression?*
- 1:15 p.m.-2:45 p.m.       **Session B1** – *The Ethics of Trauma Informed Care*  
     **Session B2** – *MS Students Against Violence APP/Mental Health Update*

Professional Registration Rate (pay by check)	<input type="checkbox"/> \$115.00	\$ _____
Professional Registration Rate (pay by credit card or online)	<input type="checkbox"/> \$118.00	\$ _____
Optional Box Lunch - Choose One ( )Ham ( )Roast Beef ( )Turkey	<input type="checkbox"/> \$10.00	\$ _____
Student Registration (please attach a copy of student I.D.)	<input type="checkbox"/> \$25.00	\$ _____
<b>TOTAL \$</b>		<u>_____</u>

**CHOOSE A PAYMENT OPTION BELOW:**

- Pay Online: Visit [www.scscy.org](http://www.scscy.org) Choose donate, enter credit card information, type "LTTF 2019" in comments, print receipt and attach and return with this form.
- Credit Card    \_\_\_ Visa    \_\_\_ MasterCard    \_\_\_ AmEx
- Account Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ 3 Digit Security #: \_\_\_\_\_
- Check or Money Order enclosed and made payable to: Southern Christian Services for Children and Youth, Inc.
- Signed and Dated Purchase Order enclosed

**Return registration form:**

**Mail:** SCSCY LTTF Registrar      **Email:** [cathv@southernchristianservices.org](mailto:cathv@southernchristianservices.org)  
 860 E. River Place, Ste. 104  
 Jackson, MS 39202                      **Fax:** 601-354-3176

*No Refunds after  
May 31, 2019  
Request must be in writing.*

*Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket.*

*For questions or if you require special assistance, please contact the registrar of this event and inform us of your needs by calling  
(601) 354-0983*

All registrations must be accompanied by a check, money order, credit card number, copy of online receipt or signed purchase order.  
*Telephone registrations will not be accepted*

**Continuing Education - 6.0 CE Hours**

**This organization, Southern Christian Services for Children and Youth, Inc., is approved as a provider for continuing education by:**

**MS Board of Examiners for Social Workers: DPSWB120015**  
**Approval Period: 10/17/2017 through 10/17/2019.**  
**Social Workers will receive up to 6.0 CE clock hours for participating in the Conference.**

**Southern Christian Services for Children and Youth, Inc. is seeking approval to offer additional continuing education credit.**

Please check our website at [www.scscy.org](http://www.scscy.org) for updates.